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As I write this Seattle is being blasted by an unseasonable snowstorm and freezing weather that has left I5 closed and vehicles strewn all over abandoned roads. The weather forecasters have advised everyone to "stay home" and "not leave" if it is not necessary. We at OPERATION: Sack Lunch know that if we stay home, those who are un-housed during the freezing, snowy weather would not have a hot meal to warm them up. If we do not show up, the lives of those who have no other nutritional support are in

jeopardy. The OSL staff goes above and beyond the call of duty each and every day, but is especially heroic when lives depend on our service.

It is hard to believe that yet another year is winding down. We are bundling up, putting on our rain boots, and carrying our bumbershoots. We draw inwards, we are more still, we gather the warmth around us and we wait for the rebirth of the sun. It is not coincidence that this is the time we, as a nation, communally reflect on all we can and should be thankful for. It is also a time to remember those who need our assistance to find comfort.

Maybe it is the cold, or the shorter days and darker nights. Maybe it is the end of harvest and brightness of summer. Whatever causes this moment of collective awareness of gratitude and the unanswered needs of others, it has the potential of releasing grief, uplifting spirits, and shared grace; if only for a moment.

We don't need to change a life forever... sometimes offering a moment of ease and understanding will provide peace and comfort; a delicious warm meal, a mug of hot cider, camaraderie that lets us know that we are not on this planet alone and not expected to do it all ourselves. We, after all, each of us, only have this moment to make a difference. Each of our moments adds up to a lifetime. Some of our lifetimes are long and some are rather short, but the potential of greatness in humanitarian behaviors do not rely on the amount of time each of us is given on this earth plane. It relies on the depth of our love and compassion. Life insists that we break our hearts wide open, so that we, each of us, can be givers of grace. It is why we are here, yet so often, what we forget. Not because we are non compos mentis, but because we are so utterly human. Sometimes the little messages simply pass us by.

It is imperative during this difficult economic climate to remember the immediate needs of those who are hungry and unsheltered. City services have been cut due to budget shortfalls, and those who will go without are those who have nothing to begin with.

OPERATION: Sack Lunch provides nourishing meals and hope to those who struggle with finding adequate nourishment, or providing meals to their family members. Our guests range from young children to elder adults. We serve directly to an un-housed population at the outdoor meal site and we also serve several Seattle shelters and transitional housing programs, Youth programs, and the municipal court of Seattle. We serve approximately 17,000 meals per month. Our food rescue program, Food in Motion, rescues more than 18,000 lbs of viable meal ingredients before it hits the waste stream each month and we share this food with other providers for their client base.

Our work is fundamental and essential for those who live without the ability to provide for their own nutritional well being. We hope you will support our efforts and help bring a bit of comfort to those we serve.

Let us pay attention in this season of repose, to the potential of our own greatness of generosity, ability to forgive, and capacity for being love in action. Let us recognize our sameness's and honor our differences without judgment, prejudice, or lofty apathy. As the song goes,

"let there be peace on earth, and let it begin with me".

OSL NEEDS YOU! THANK YOU FOR YOUR SUPPORT.

beverly graham



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If a picture is worth a thousand words then boy do we have a lot to say. Throughout this newsletter you will find pictures of our first annual "Hungry, Will Sing for Food, event at SAFECO Field. It was a thrilling event, and one that we will repeat in 2011. Seventeen of Western Washington's most gifted musical performing acts gave their time and talent to this event making it the first of it's kind in the Seattle area. More than one hundred volunteers, along with musicians, stood against the elements; rain, wind, and cold, to pull off Seattle's first ever coordinated busking event

dedicated to feeding the food insecure in our community. Musicians in order of pictures:

Top:

Nzira Marimba **BLVD Park Garfield High School Quartet** The Jason Parker Quartet Janie Cribbs and Joe Reggiatore Nolan Garrett Trio Ian McFeron & Alisa Milner **Toby Brady** 

Bottom:

Joe Carolus and the Stackable Clowns Curtains for you **Daniel Kamas Handful of Lovin** Star Anna **Hamilton School Quartet** Andre Feriante **Thomas Starks** Sadie Ava

Enjoy the photo's of our volunteer's and board having too much fun! Visit our website www.opsacklunch.org to see a complete set of event pictures. We hope you will join us in 2011!

> (event Photography by Michael Stadler Studio www.stadlerstudio.com

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OSL's doors remain open due to the generosity of our supporters. Because the list of our generous donors is quite extensive we have listed below Foundations, Corporation and Business donors and Organizations. A complete list of our donors can be viewed on our web page, **www.opsacklunch.org**.

OPERATION SACK LUNCH IS GRATEFUL TO THE FOLLOWING PRIVATE FOUNDATIONS, CORPORATIONS, AND ORGANIZATIONS, FOR SUPPORTING OSL WITH A GIFT OF \$15,000 OR MORE:



CITY OF SEATTLE
ATS AUTOMATION
SEATTLE FOUNDATION
MEDINA FOUNDATION
UNITED WAY (OUT OF THE RAIN)



THANK YOU TO THE FOLLOWING OSL FRIENDS FOR GIFTS OF \$1000 OR MORE:



DENDREON
TWISTED SCHOLAR
TULALIP CHARITABLE FUND
EXPEDITORS INTERNATIONAL
LIVING LIFE LARGER
FALES FOUNDATION
KIRO





FIRST PRESBYTERIAN CHURCH
McKINSTRY CO CHARITABLE FOUNDATION
MICROSOFT
SEATTLE MARINERS



#### **OSL 2010 ACCOMPLISHMENTS**

In 2010 we expanded our grocery rescue and food delivery program; Food In Motion and re-instated Next Step; giving it a new face. Working with a skeleton crew throughout all of 2010 we accomplished a great deal and gave new meaning to the term "pedal to the metal"... We ran all year long!

OSL 2010 Stats through November 30th, 2010

Number of Meals Served: 171,071

**155,761** were first meals **14,837** were second helpings

We rescued **85,310 lbs** of food through our grocery rescue program

And received an additional 140,665 lbs of donated food

Total: 225,885 lbs of donated food @ an estimated \$3.25 per lb = \$734,126.25

We prepared and served 263,913 lbs of food through 11/30/2010

Number of Volunteers: 2248

Number of Volunteer Hours: 11,243 an estimated staff value of \$151,780.























# And there will be no need for anger or for hunger...

Every now and then someone comes along like a Knight in Shining Armor and helps in times of distress and need. Over the past 22 years OSL has had many such hero's: Beryl Graham, Carl Haefling and Pamela Johnson, Nancy Nordhoff, Fran and Jim Mather, Bob and Kathleen Leingang, John Work, Jan Klein, Linda Berger, Bob Hamilton, Peter Berard, Dave and Lynn Mathews, John Holmes, Neil Kaethler, the Moccasin Lake Foundation, Boeing, Medina Foundation, The Seattle Foundation, The Fales Foundation, Zymogenetics, Stacey Castleberry and Craig McAllister, Sam Dunham, Ken Fabrizio, Harry Green, Kim Jones, Joshua Greene Foundation, our dear friend Ken Schram, and Jay Goldinger, who flew in from California in 1996 and told me, "young woman, you need to run this like a business", to name a few...

There is an organization that has come forward in the past five years that has literally kept our doors open, our wheels on the road, our ovens turned on, and the food on the table. We would like to acknowledge our friends at **ATS Automation**, a for-profit corporation that is the embodiment of the term "Service Leadership", from the top down. Over the past five years, ATS Automation has contributed more than \$170,000 towards our work with the food insecure and un-housed community. They have donated product and volunteered with us in the kitchen and at the outdoor meal site. They have truly given their time, talent, and treasure. The consistent nature of their support has allowed OSL a bit of breathing room in this time of economic challenges. We are very grateful.

Our \$30,000 budget of 22 years ago has grown 50 times over and the original 30 lunches a day has turned to 17,000 hot meals a month. With the consistent support of our donors we have been able to expand OSL to not only provide immediate nourishment to those in need, but to work on eliminating hunger in our community. Through our satellite programs; Food In Motion, Meals Partnership Coalition, and Next Step, we reach out, we educate, we advocate, and we work every day to end homelessness, hunger and hatred. We understand intimately both the need to feed the fish and to teach how to catch that fish.

It is our hope and desire that all who have made this organization a force of love and good in this community have a deep knowing of our gratitude. We create this world with the amount of love we put into it.

## Thank you for helping us to create OPERATION: Sack Lunch



KRISTA ~ In 2004, 26 year old Krista Grimm met with me to interview for an administrative position. I can juggle a lot of balls but have a hard time putting them away when the project is done. I needed organizing and Krista told me she was very organized. I thought I would give her a go... It truly was one of the best decisions that I ever made for this organization. I have watched this young woman grow from a green employee who needed a pay check to a competent professional who holds reverently the heart and soul of this organization.

Life is not stagnant. It moves ahead and we grow into the role we choose for ourselves. If we are lucky we find kindred spirits who walk a parallel path. If we are very lucky those kindred spirits take up the call adding their own creative energy; creating harmony inside a single melody song. This is how I feel about Krista... She has changed the melody, given it different strengths, owned a piece of it. She has both allowed me to mentor her and she has taught me through her humility. She has a radical compassion for the people we serve and can see their faces and hear their stories. For so many, they are invisible...

Krista understands what it is to be human, and allows herself to forgive. She has wisdom, grace, and graciousness. During this holiday season I thought it appropriate to publically acknowledge Krista; her ability to lead, to create, her integrity, work ethic, and her kind and tender heart. I am honored to know you and privileged to share my life's work with you. \*heverly\*

Let me become a giver to life... Just for today...

Visit our website for a full 2010 donor and volunteer list as well as other pertinent information.

# www.opsacklunch.org.







### OSL FOOD RESCUE PARTNERS

Many thanks to the following Vendors that have partnered with OSL in our endeavor to rescue viable nutritious food product before it hits the waste stream.

**Elliots Oyster House City Catering** R & K Foods Charlies/ST Produce JP Work and Associates The Garage St. John Vianney Wholefoods-Westlake Wholefoods-Roosevelt Wholefoods-Redmond QFC-Broadway QFC-Redmond Seattle's Table Kinetix **Boeing** Bargreen-Ellingson

**Food Life Line Daniels Broiler-Bellevue** Cheesecake Factory-Bellevue **AquaStar Seafoods Rosella's Organic Produce Starbucks** Odwalla

**NorthWest Harvest Capital Grill** Wild Ginger at The Triple Door Levy Restaurants (Qwest Field) **Rock Bottom Brewery QFC Harvest Market** 

2010 Coffee Fest St. John Vianney Microsoft

**American Diabetes Association** 

## **NEXT STEP COOKING CLASSES**



The Garage

OSL Chef Paul will be teaching a cooking class one Saturday each month for anyone wanting to learn how to create a meal for many or create a nourishing, delicious meal from food received from food banks. There is no cost for

individuals recommended by Human Service Programs and small fee of \$25 per class for private individuals or organizations to cover class materials. If you would like to participate in the class call 206 357 3262. You will learn how to make delicious meals like the ones pictured and wonderful sugar and fat free desserts. You will also have a great time cooking with Chef Paul!







#### **OSL COMMUNITY NEWS**

Pictured with Mayor McGinn, OSL Board Chair, Brian Allen received the Seattle Mayors End Hunger Community Leader Award for his outstanding work with

**OPERATION:** Sack Lunch.

OSL Student Volunteer, Eliana Madweb received the Mayors End Hunger Award for the 2010 outstanding volunteer. Eliana raised more than \$3000 for OSL and made

200 fleece scarves to be handed out in the bad weather.

Congratulations and Thank You for your involvement and support!



OPERATION: Sack Lunch was featured in the King County **Department of Health Video** of best practices. We have come along way from those first 30 lunches 22 years ago!



**SINGING IN THE RAIN...**Thomas Stark and William Bonnie joined OSL founder/musician, Beverly Graham, in an October afternoon concert for the OSL meal site guests, at Seattle's

Outdoor Meal Site, to kick off hunger awareness month. The music rocked and our guests had a grand time and a great meal!!!



















"To provide dignity, care and compassion through action with the example that each person can make a difference.

To educate and advocate acceptance and understanding of each other's differences.

To ultimately bring about the realization that we are all a vital part of this world and with extended effort put an end to homelessness, hunger and hatred."

www.opsacklunch.org 206 922 2015 info@opsacklunch.org

**BUILDING COMMUNITY ONE MEAL AT A TIME...** 

